

CERTIFICATE

OF PARTICIPATION

This is to certify that

Frik Botha

Has successfully participated & completed the

5km Heidelberg Trail Run 2018

held at Hoër Volkskool Heidelberg.

TIME 01:07:22

PACE 13:27/km **OVERALL** 72 of 92

01 September 2018, Sat

Date

GENDER 23 of 29

50 - 59 5 of 6



BoutTime

Signature